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Nu Skin products are carefully formulated to be safe, effective, and safety-dermatologist tested to help ensure they are gentle and can be used by most people without problems. Our skin care products do not contain any ingredients considered unsafe or questionable for pregnancy when used as directed. However, Nu Skin does not test its products on, or for, pregnant women. Therefore, when pregnant or breastfeeding we always recommend consulting first with a physician before use of any product.

Additionally, we recommend individuals who are pregnant or breastfeeding consult with their doctor before using any Pharmanex supplement. If desired, individuals may ask specifically about LifePak Prenatal, which is designed for use while pregnant.